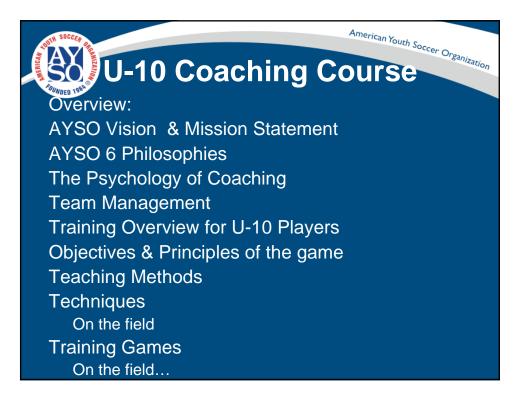




The AYSO National Coaching Program is accredited by: The National Council for Accreditation of Coaching Education. (NCACE)...





AYSO

American Youth Soccer Organization

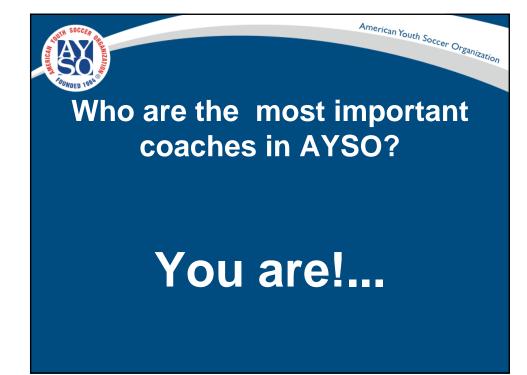
Vision Statement

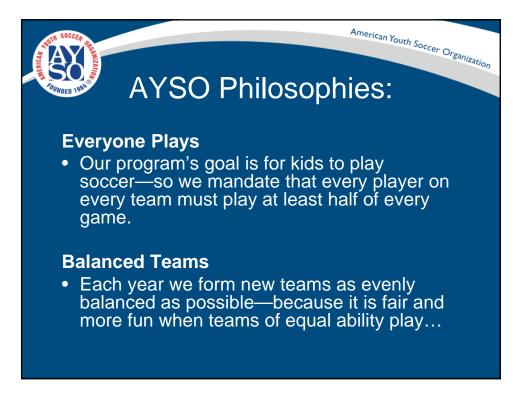
To provide world class youth soccer programs that enrich children's lives

Mission Statement

To develop and deliver quality youth soccer programs, which promote a fun, family environment based on the AYSO Philosophies...







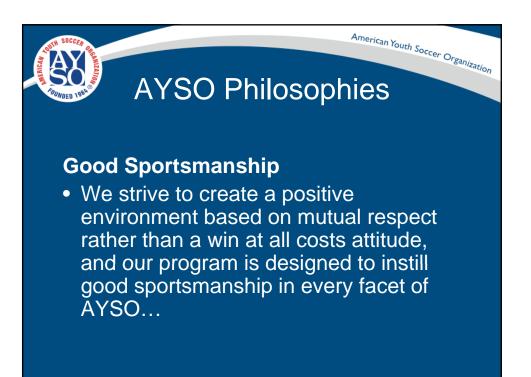


Open Registration

 Our program is open to all children between 4 and 19 years of age who want to register and play soccer. Interest and enthusiasm are the only criteria for playing.

Positive Coaching

 Encouragement of player effort provides for greater enjoyment by the players and ultimately leads to better-skilled and better-motivated players...

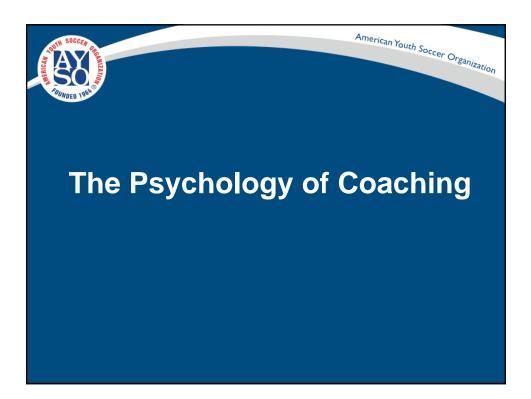


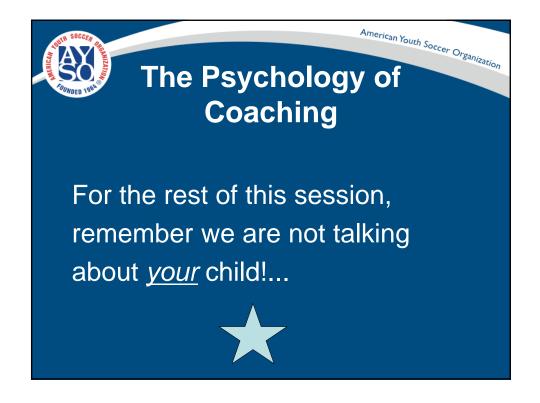


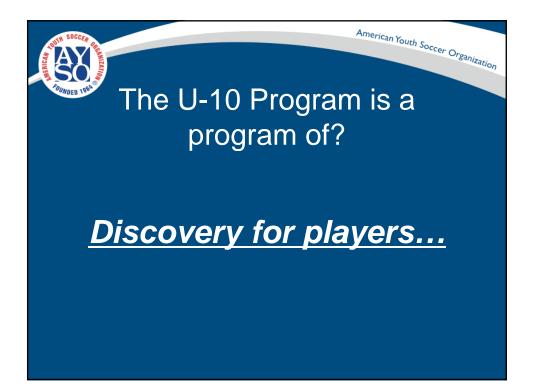
AYSO Philosophies:

Player Development

We believe that all players should be able to develop their soccer skills and knowledge to the best of their abilities, both individually and as members of a team, in order to maximize their enjoyment of the game...









Working with U-10 Athletes

As coaches we need to recognize that each athlete is an individual with unique needs and that we treat them accordingly:

Understand that players want to enjoy attending practices and games...



American Youth Soccer Organization

Organize your practices and games so that every athlete on your team has an opportunity to develop and maintain positive feelings of self-worth.

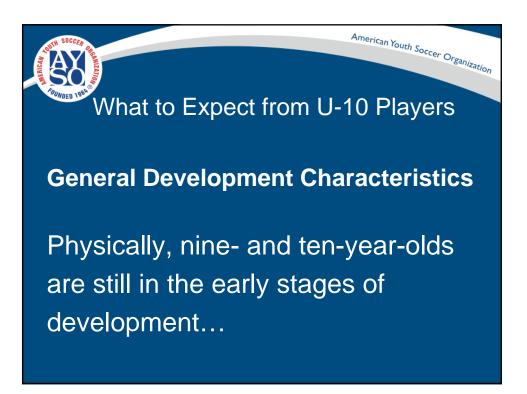
Provide positive encouragement to all players for both *accomplishments* and *mistakes*...

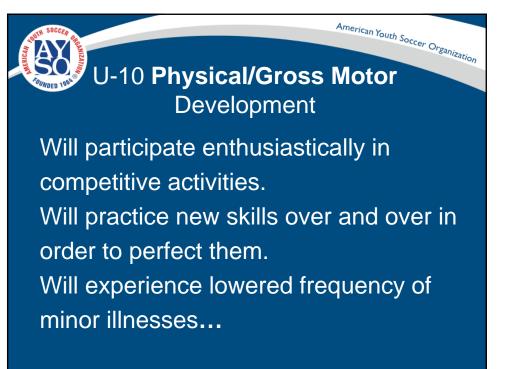


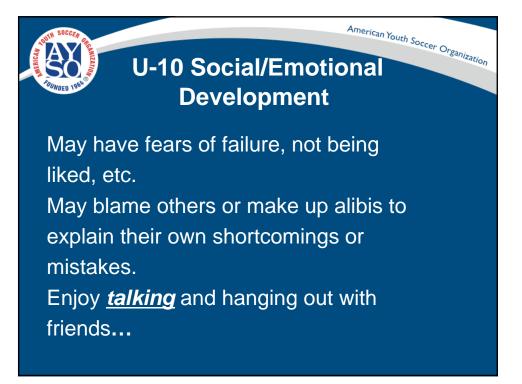
Working with Young Athletes

American Youth Soccer Organization

Play in this very young age group is Meant to give a <u>"taste"</u> of the game, some experience in working together as a team, and, most of all, a <u>positive</u> introduction to the sports experience...





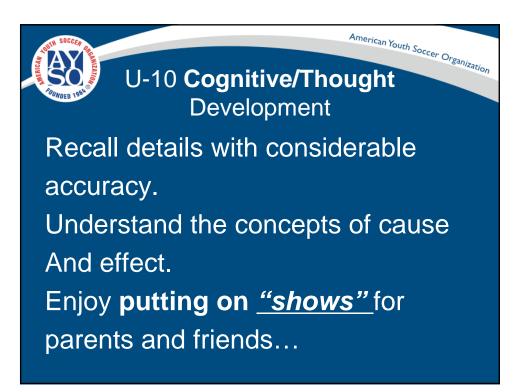




U-10 Social/Emotional Development

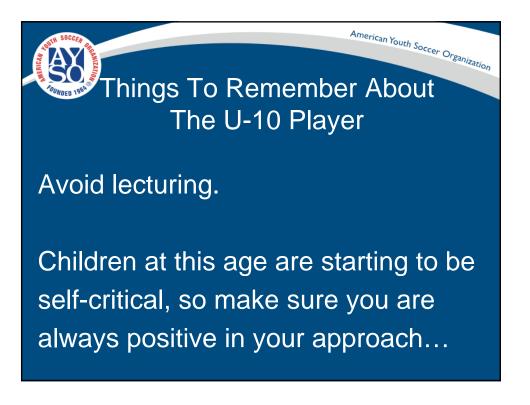
American Youth Soccer Organization

They need reinforcement. Likes to be a coach's "helper". Feelings can be easily hurt...





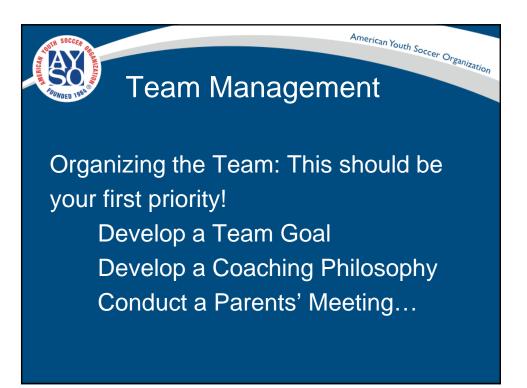
You will find U-10 players willing to join in games that require a *moderate* degree of **strategy...**





Team Management

There are off-the-field responsibilities that affect the team and the players before they ever step on the field. These practices are referred to as team management and they are <u>important</u>!...

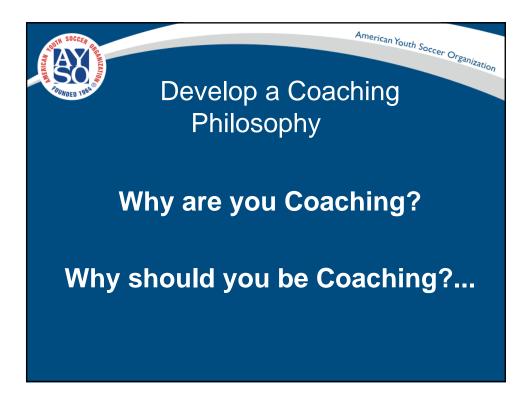


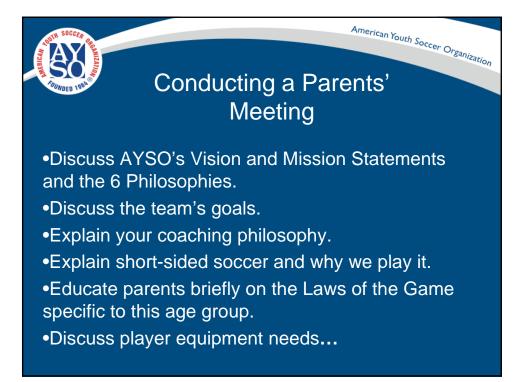


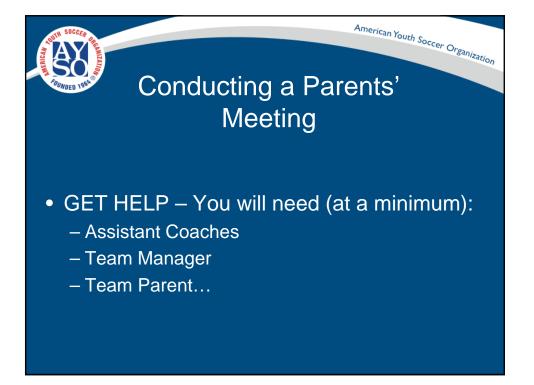
Develop a Team Goal

Try:

"Players having *FUN* while learning about soccer" is a good base for a team goal. You, the parents and players can build on that *foundation*...









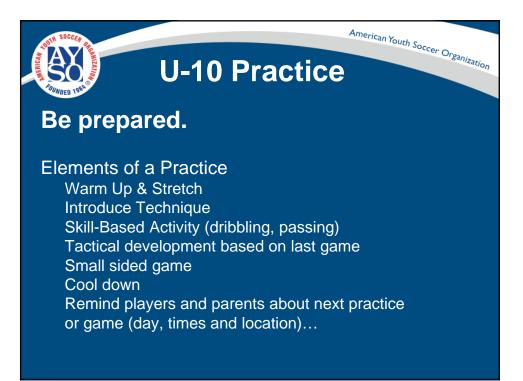




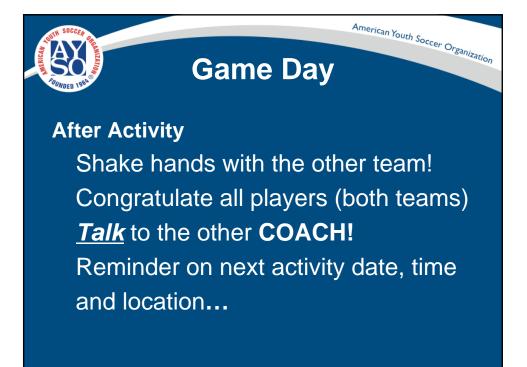
Player's Equipment

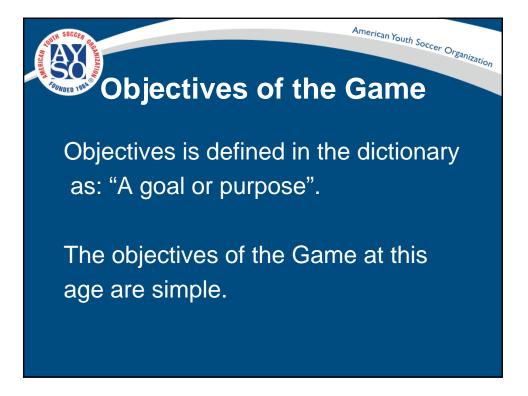
American Youth Soccer Organization

Water, Ball (properly inflated) Shin Guards Appropriate Clothing. Footwear...













<text><text><text><text><text>



Attacking Principles

Penetration:

Advancing the ball past opposing players by dribbling, passing and shooting.

Depth: Supporting teammates by creating safe options for the player with the ball...





Attacking Principles

The attacking principles of penetration, depth, width, and mobility ultimately leads us to achieving our attacking objectives SCORE ADVANCE MAINTAIN POSSESSION...



Defending Principles

Delay: To slow down the attack by closing gaps and denying space for the other team to work in. Once the attack is slowed, your team can attempt to take the ball back.

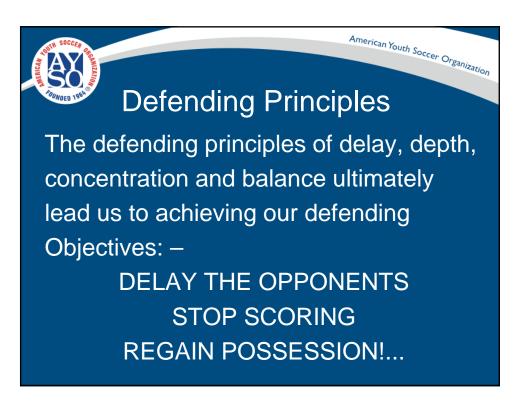
Depth: Supporting the player(s) Challenging the ball in case they are beaten...



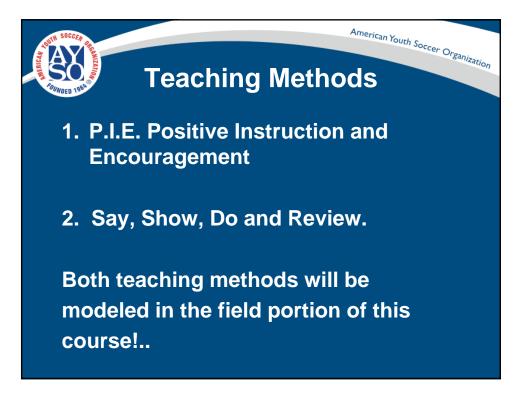
Concentration: Compressing or restricting

the space the attacking team has by "shepherding" them into a confined area makes it easier to defend and regain possession of the ball.

Balance: Reading the attack and providing an equal or greater number of defenders than attackers at the point of attack, while simultaneously covering the vital area near the goal...



American Youth Soccer Organization			
	Attacking Principles	Defending Principles	
	Penetrate	Delay	
	Depth	Depth	
	Width	Concentration	
	Mobility	Balance	





You are now ready for the field segment of the U-10 Coach Training.

American Youth Soccer Organization

Any Questions?

One more thing!...

